

IN THE UNITED STATES PATENT AND TRADEMARK OFFICE

In re Application of: Judith Blumstock, Guy Andrew Higgins, Edward Moncrieff Sellers

Confirmation No:

Serial No.: 18/102,268

Group No.:

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Examiner:

Entitled: EXTENDED RELEASE 5-HT RECEPTOR AGONISTS FOR NEUROLOGICAL CONDITIONS

Examiner:

The following documents, which are also identified in the Form PTO/SB/429 filed herewith, are submitted for your consideration as being of potential relevance to the examination of the present application:

1. FADIMAN & KORB (2019) "Might Microdosing Psychedelics Be Safe and Beneficial? An Initial Exploration" *Journal of Psychoactive Drugs*. 51(2):118-122.
2. HUTTEN (2019) "Self-Rated Effectiveness of Microdosing With Psychedelics for Mental and Physical Health Problems Among Microdosers" *Frontiers in Psychiatry*. 10:1-9.
3. MADSEN (2019) "Psychedelic effects of psilocybin correlate with serotonin 2A receptor occupancy and plasma psilocin levels" *Neuropsychopharmacology*. 44:1328-1334.
4. MERTENS (2020) "Therapeutic mechanisms of psilocybin: Changes in amygdala and prefrontal functional connectivity during emotional processing after psilocybin for treatment-resistant depression" *Journal of Psychopharmacology*. 34(2):167-180.
5. LEA (2020) "Perceived outcomes of psychedelic microdosing as self-managed therapies for mental and substance use disorders" *Psychopharmacology*. 237:1521-1532.
6. VOINESKOS (2020) "Management of Treatment-Resistant Depression: Challenges and Strategies" *Neuropsychiatric Disease and Treatment*. 16: 221-234.
7. USONA INSTITUTE (2019) "A Randomized, Double-Blind, Support-of-Concept Phase 2 Study of Single-Dose Psilocybin for Major Depressive Disorder (MDD)". Study record first posted 5 March 2019. <https://clinicaltrials.gov/study/NCT03866174>
8. HUTTEN (2019) "Motives and Side-Effects of Microdosing With Psychedelics Among Users" *International Journal of Neuropsychopharmacology*. 22(7):426-434.
9. CARHART-HARRIS (2016) "Psilocybin with psychological support for treatment-resistant depression: an open-label feasibility study" *Lancet Psychiatry*. 3:619-27.
10. Intl. Pat. App. No. WO2020181194 (2020) "COMPOSITIONS AND METHODS OF USE COMPRISING SUBSTANCES WITH NEURAL PLASTICITY ACTIONS

ADMINISTERED AT NON-PSYCHEDELIC/PSYCHOTOMIMETIC DOSAGES AND FORMULATIONS” (Filed 6 March 2020)

11. US Pat. App. No. 16/947003 (2020) “ORAL SOFT GEL CAPSULE CONTAINING PSYCHEDELIC COMPOUND” (Filed 14 July 2020)

Attached hereto is a claim chart providing a concise description of the relevance of each reference in the document list to the elements of the presently pending claims.

U.S.S.N.18/102,268 Pending Claims	References
1-39. (Canceled)	
<p>40. A method for improving symptoms of a cognitive or neuropsychiatric disorder, in an individual in need thereof, comprising:</p> <p>a. administering to the individual a therapeutically effective amount of psilocybin or psilocin, or a pharmaceutically acceptable salt thereof, and</p> <p>b. maintaining a plasma concentration of an active form of psilocybin or psilocin</p> <p>(i) at or above a minimum therapeutically effective threshold in the individual and (ii) below a hallucinogenic threshold in the individual for more than or equal to two hours.</p>	<p><i>From application of interest 18/102,268 paragraph [0043] “In some embodiments, the level (e.g., C max) of the active 5-HT receptor agonist (e.g., psilocin) in the individual is (maintained) at a level of at least about 0.001 ng/mL or more (e.g., 0.01 ng/mL or more, 0.1 ng/mL or more, 1 ng/mL or more, 10 ng/mL or more, 20 ng/mL or more, or 50 ng/mL or more). In some embodiments, the level (e.g., C max) of the active 5-HT receptor agonist (e.g., psilocin) in the individual is (maintained) at a level of at least about 100 ng/mL or less (e.g., 50 ng/mL or less, 25 ng/mL or less, 15 ng/mL or less, 5 ng/mL or less, or 0.5 ng/mL or less). In some embodiments, the level (e.g., C max) of the active 5-HT receptor agonist (e.g., psilocin) in the individual is (maintained) at a level of about 0.001 ng/mL to about 100 ng/mL.”</i></p> <p><i>Paragraph [0045] “In some embodiments, the level (e.g., Cmax) of the active 5-HT receptor agonist (e.g., psilocin) is measured after a dose of at least 1 mg or more (e.g., 5 mg or more, 10 mg or more, 15 mg or more, or 20 mg or more) of the 5-HT receptor agonist (e.g., psilocybin) is administered to the individual.”</i></p> <p>1. FADIMAN & KORB (2019) “Might Microdosing Psychedelics Be Safe and Beneficial? An Initial Exploration” <i>Journal of Psychoactive Drugs</i>. 51(2):118-122.</p> <p>From pg. 118 “In our initial exploration of microdosing and its effects, in which we simply corresponded with people about microdosing, we defined microdosing as being a “subperceptual dose.” This created some misunderstandings as, almost always, one can tell that one has taken a microdose. The intention was to say that microdosing did not cause visual or perceptual changes usually associated with psychedelics. A microdose of a psychedelic is between 1/10 and 1/20 of a “recreational dose.” For LSD, that is between 7–13 micrograms; for dried psilocybin mushrooms, 0.1–0.4 grams. (For other substances, see microdosingpsychedelics.com). A correct microdose produces no classic psychedelic effects (e.g., visual distortions, internal visions).”</p>

2. HUTTEN (2019) “Self-Rated Effectiveness of Microdosing With Psychedelics for Mental and Physical Health Problems Among Microdosers” *Frontiers in Psychiatry*. 10:1-9.

From p. 2 “There is a growing interest in the **use of psychedelic substances** for health related purposes, including **symptom relief for disorders like anxiety, depression, and pain...anecdotal evidence suggests that low (micro) doses are also effective**, and may be more suitable for certain conditions.”

From p. 2 “**Recent clinical studies have suggested that LSD (13), psilocybin (14), ayahuasca (15), and methylenedioxymethamphetamine (MDMA) (16, 17), in combination with psychological support, can provide therapeutic relief for those suffering from post-traumatic stress disorder (PTSD), anxiety, and depression.**”

From p. 2 “While the primary motivation to microdose is indeed to enhance performance, including creativity and mental concentration (10), **it is also reported to be used to alleviate psychological and physical symptoms, such as anxiety and headache (10–12).**”

From p. 2 “Respondents were asked whether a **medical doctor or therapist diagnosed them with a psychiatric, neurological, or physical disorder**. When affirmed, they were asked **which of the pre-set disorders** applied: **depression, anxiety/panic disorder, attention deficit hyperactivity disorder (ADHD) or attention deficit disorder (ADD), bipolar disorder, schizophrenia, obsessive compulsive disorder (OCD), autism/Asperger syndrome, antisocial behavior disorder, borderline personality disorder, substance abuse disorder, Tourette’s, Parkinson’s, epilepsy, migraine, cluster headache, multiple sclerosis (MS), and/or chronic pain**. Furthermore, they had the option to enter free text in a text box when the disorder was not listed. **Disorders were clustered** afterwards into main categories according to the classification system of the two leading diagnostic manuals, **the DSM-5 for mental disorders and the ICD-10 for physiological disorders** which resulted in **14 sub-categories for mental disorders and 11 sub-categories for physiological disorders** (Table 1).”

From p. 5 “The most reported **psychedelics used to self-medicate for mental disorders** in descending order are: **psilocybin (N = 297; 57.1%), LSD (N = 248; 47.7%), and 1P-LSD (N = 68; 13.1%) in microdoses...**”

3. MADSEN (2019) “Psychedelic effects of psilocybin correlate with serotonin 2A receptor occupancy and plasma psilocin levels” *Neuropsychopharmacology*. 44:1328-1334.

From p. 1328 “Recent clinical trials have shown that **psilocybin may be an effective treatment for neuropsychiatric disorders**, including **treatment-resistant major depressive disorder (MDD) [3], cancer related anxiety and depression [4, 5], and for addiction to nicotine [6] and alcohol [7]**. Thus, **psilocybin is an emerging and promising**

drug for a range of mental disorders where existing drugs have shown shortcomings.”

Psychedelic effects of psilocybin correlate with serotonin 2A receptor...
MK. Madsen et al.

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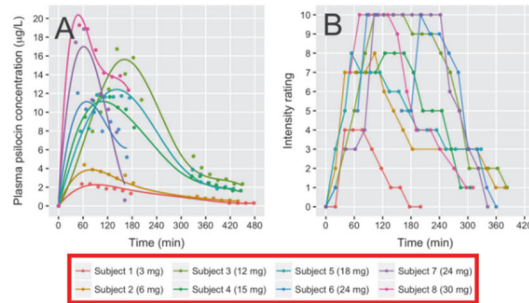


Fig. 1 Psilocin and intensity rating time course. **a** Plasma psilocin levels. Individual data points are measured plasma psilocin concentrations, fitted with spline fits. **b** Time course of subjective intensity ratings. Time = 0 indicates time of psilocybin ingestion

41. The method of claim 40, wherein the active form of the psilocybin or psilocin is maintained below a plasma concentration in the individual of about 10 ng/mL.

From application of interest 18/102,268 paragraph [0043] “In some embodiments, the level (e.g., C max) of the active 5-HT receptor agonist (e.g., psilocin) in the individual is (maintained) at a level of at least about 0.001 ng/mL or more (e.g., 0.01 ng/mL or more, 0.1 ng/mL or more, 1 ng/mL or more, 10 ng/mL or more, 20 ng/mL or more, or 50 ng/mL or more). In some embodiments, the level (e.g., C max) of the active 5-HT receptor agonist (e.g., psilocin) in the individual is (maintained) at a level of at least about 100 ng/mL or less (e.g., 50 ng/mL or less, 25 ng/mL or less, 15 ng/mL or less, 5 ng/mL or less, or 0.5 ng/mL or less). In some embodiments, the level (e.g., C max) of the active 5-HT receptor agonist (e.g., psilocin) in the individual is (maintained) at a level of about 0.001 ng/mL to about 100 ng/mL.”

Paragraph [0045] “In some embodiments, the level (e.g., Cmax) of the active 5-HT receptor agonist (e.g., psilocin) is measured after a dose of at least 1 mg or more (e.g., 5 mg or more, 10 mg or more, 15 mg or more, or 20 mg or more) of the 5-HT receptor agonist (e.g., psilocybin) is administered to the individual.”

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From p. 1329 “On the intervention day, **participants ingested between 3 and 30 mg psilocybin (3 mg capsules)** ... For assessment of **plasma psilocin levels**, **venous blood samples were taken** simultaneously with the [11C] Cimbi-36 injection and **at 20-min intervals throughout** each scan

session. Subjective psychedelic intensity ratings (0–10 Likert scale, 0 = not intense at all, 10 = very intense) were assessed at 20-min intervals throughout the day until effects had waned.”

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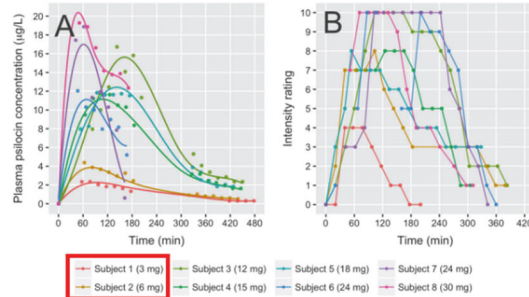


Fig. 1 Psilocin and intensity rating time course. a Plasma psilocin levels. Individual data points are measured plasma psilocin concentrations, fitted with spline fits. b Time course of subjective intensity ratings. Time = 0 indicates time of psilocybin ingestion

42. The method of claim 40, wherein the active form of the psilocybin or psilocin is maintained above a plasma concentration of about 2 ng/mL in the individual for 2 hours or more.

From application of interest 18/102,268 paragraph [0043] “In some embodiments, the level (e.g., C max) of the active 5-HT receptor agonist (e.g., psilocin) in the individual is (maintained) at a level of at least about 0.001 ng/mL or more (e.g., 0.01 ng/mL or more, 0.1 ng/mL or more, 1 ng/mL or more, 10 ng/mL or more, 20 ng/mL or more, or 50 ng/mL or more). In some embodiments, the level (e.g., C max) of the active 5-HT receptor agonist (e.g., psilocin) in the individual is (maintained) at a level of at least about 100 ng/mL or less (e.g., 50 ng/mL or less, 25 ng/mL or less, 15 ng/mL or less, 5 ng/mL or less, or 0.5 ng/mL or less). In some embodiments, the level (e.g., C max) of the active 5-HT receptor agonist (e.g., psilocin) in the individual is (maintained) at a level of about 0.001 ng/mL to about 100 ng/mL.”

Paragraph [0045] “In some embodiments, the level (e.g., Cmax) of the active 5-HT receptor agonist (e.g., psilocin) is measured after a dose of at least 1 mg or more (e.g., 5 mg or more, 10 mg or more, 15 mg or more, or 20 mg or more) of the 5-HT receptor agonist (e.g., psilocybin) is administered to the individual.”

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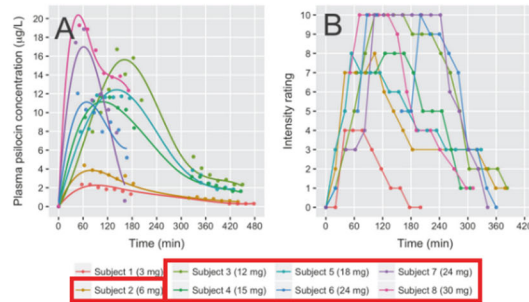


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43. The method of claim 40, wherein the active form of the psilocybin or psilocin is maintained above a plasma concentration of about 1 ng/mL in the individual for 2 hours or more.

From application of interest 18/102,268 paragraph [0043] “In some embodiments, the level (e.g., C max) of the active 5-HT receptor agonist (e.g., psilocin) in the individual is (maintained) at a level of at least about 0.001 ng/mL or more (e.g., 0.01 ng/mL or more, 0.1 ng/mL or more, 1 ng/mL or more, 10 ng/mL or more, 20 ng/mL or more, or 50 ng/mL or more). In some embodiments, the level (e.g., C max) of the active 5-HT receptor agonist (e.g., psilocin) in the individual is (maintained) at a level of at least about 100 ng/mL or less (e.g., 50 ng/mL or less, 25 ng/mL or less, 15 ng/mL or less, 5 ng/mL or less, or 0.5 ng/mL or less). In some embodiments, the level (e.g., C max) of the active 5-HT receptor agonist (e.g., psilocin) in the individual is (maintained) at a level of about 0.001 ng/mL to about 100 ng/mL.”

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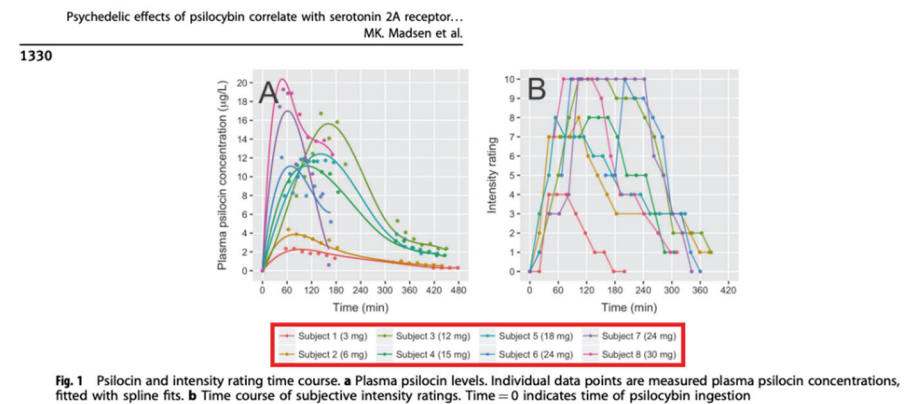
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44. The method of claim 40, wherein the active form of the psilocybin or psilocin is maintained above a plasma concentration of about 0.1 ng/mL in the individual for 6 hours or more.

From application of interest 18/102,268 paragraph [0043] “In some embodiments, the level (e.g., C max) of the active 5-HT receptor agonist (e.g., psilocin) in the individual is (maintained) at a level of at least about 0.001 ng/mL or more (e.g., 0.01 ng/mL or more, 0.1 ng/mL or more, 1 ng/mL or more, 10 ng/mL or more, 20 ng/mL or more, or 50 ng/mL or more). In some embodiments, the level (e.g., C max) of the active 5-HT receptor agonist (e.g., psilocin) in the individual is (maintained) at a level of at least about 100 ng/mL or less (e.g., 50 ng/mL or less, 25 ng/mL or less, 15 ng/mL or less, 5 ng/mL or less, or 0.5 ng/mL or less). In some embodiments, the level (e.g., C max) of the active 5-HT receptor agonist (e.g., psilocin) in the individual is (maintained) at a level of about 0.001 ng/mL to about 100 ng/mL.”

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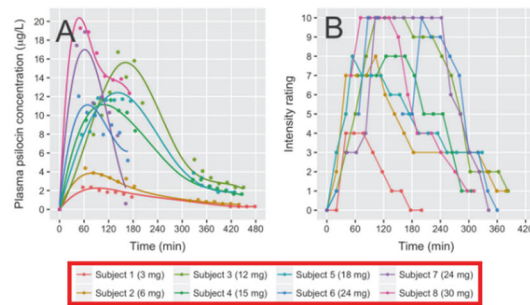


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45. The method of claim 40, wherein the active form of the psilocybin or psilocin is maintained above a plasma concentration of about 0.5 ng/mL in the individual for 6 hours or more.

From application of interest 18/102,268 paragraph [0043] “In some embodiments, the level (e.g., C max) of the active 5-HT receptor agonist (e.g., psilocin) in the individual is (maintained) at a level of at least about 0.001 ng/mL or more (e.g., 0.01 ng/mL or more, 0.1 ng/mL or more, 1 ng/mL or more, 10 ng/mL or more, 20 ng/mL or more, or 50 ng/mL or more). In some embodiments, the level (e.g., C max) of the active 5-HT receptor agonist (e.g., psilocin) in the individual is (maintained) at a level of at least about 100 ng/mL or less (e.g., 50 ng/mL or less, 25 ng/mL or less, 15 ng/mL or less, 5 ng/mL or less, or 0.5 ng/mL or less). In some embodiments, the level (e.g., C max) of the active 5-HT receptor agonist (e.g., psilocin) in the individual is (maintained) at a level of about 0.001 ng/mL to about 100 ng/mL.”

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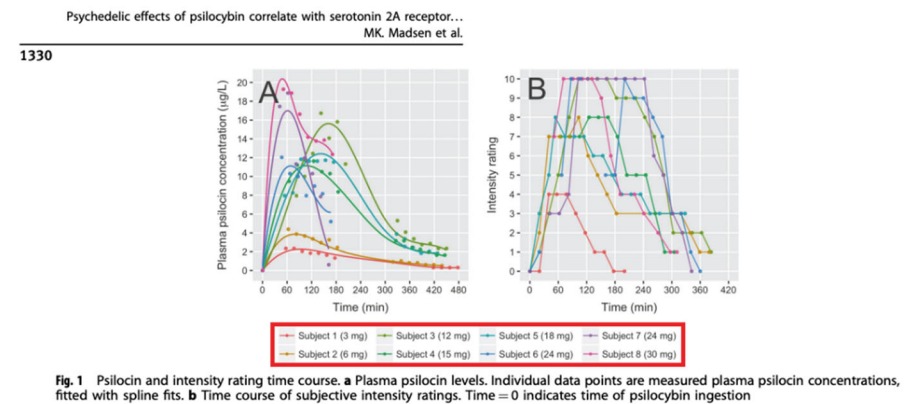
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From p. 1330



46. The method of claim 40, wherein the cognitive or neuropsychiatric disorder is an anxiety, attention, or depression disorder.

4. MERTENS (2020) “Therapeutic mechanisms of psilocybin: Changes in amygdala and prefrontal functional connectivity during emotional processing after psilocybin for treatment-resistant depression” *Journal of Psychopharmacology*. 34(2):167-180.

From p. 2 “Inclusion criteria were (a) **a diagnosis of moderate to severe major depression**, as defined by a score of 16+ on the 21-item Mertens et al. 3 Hamilton Depression Rating Scale...”

From p. 2 “From p. 2 “The present study focused on changes in brain FC after **psilocybin in 19 patients with TRD** who underwent two psilocybin-assisted therapy sessions a week apart, first **10 mg p.o.** (test dose), then **25 mg, p.o. (therapeutic dose)**.”

	<p>From pg. 8 “As already reported previously (Carhart-Harris et al., 2018a; 2016a), BDI scores were significantly reduced at one week (mean reduction=22.26, SD=11.37, p<0.001); 63.2% of patients showed a treatment response (50% drop in BDI score) at this time-point, with 57.9% meeting criteria for remission (BDI≤9).”</p> <p>5. LEA (2020) “Perceived outcomes of psychedelic microdosing as self-managed therapies for mental and substance use disorders” <i>Psychopharmacology</i>. 237:1521-1532.</p> <p>From p. 1522 “Microdosing refers to the ingestion of low to very low doses of psychedelic drugs (typically between 5 and 10% of a standard dose) on a routine schedule (e.g., every third day) without the intention of experiencing effects typically experienced at higher psychedelic doses (e.g., visual distortions, mystical experiences) (Fadiman 2011; Kuypers et al. 2019; Liechti 2019).”</p> <p>From p. 1524 “Over half of respondents (56.7%) had ever been diagnosed with a mental disorder (excluding substance use disorders), including depression (41.2%), anxiety disorders (32.0%; generalised anxiety disorder, 25.4%; social anxiety disorder, 14.5%; panic disorder/panic attacks, 12.5%), ADHD (19.5%), PTSD (15.6%), bipolar disorder (7.4%), personality disorder (5.1%), eating disorder (4.8%), obsessive compulsive disorder (4.7%) and schizophrenia (1.0%).”</p> <p>From p. 1524 “Thirty-nine percent of respondents reported that they primarily microdosed as mental health or substance use therapies, including for depression (21.3%), anxiety (6.9%), other mental health conditions including PTSD and ADHD (8.9%)....”</p>
<p>47. The method of claim 46, wherein the depression disorder is major depressive disorder.</p>	<p>6. VOINESKOS (2020) “Management of Treatment-Resistant Depression: Challenges and Strategies” <i>Neuropsychiatric Disease and Treatment</i>. 16: 221-234.</p> <p>From p. 221 “Major Depressive Disorder (MDD) and associated mood syndromes are among the most common psychiatric disorders in specialist and general medical practice. These syndromes span life stages and present with varying combinations of symptoms. While depressive symptoms are at times part of normal human behavior, MDD can be debilitating and at its worst, life threatening. MDD can present at any age across the life span, differences in biological vulnerability, age of onset, risk factors, symptomatic presentation and comorbidities are present among people with the same diagnosis. MDD is, therefore, a very heterogeneous disorder, and approximately 30% of people with this illness are resistant to conventional treatments.”</p> <p>From p. 222 “Once 2 adequate antidepressant trials have been unsuccessful, the illness is termed treatment-resistant depression (TRD).”</p> <p>4. MERTENS (2020) “Therapeutic mechanisms of psilocybin: Changes in amygdala and prefrontal functional connectivity during emotional</p>

	<p>processing after psilocybin for treatment-resistant depression” Journal of Psychopharmacology. 34(2):167-180.</p> <p>From p. 2 “Inclusion criteria were (a) a diagnosis of moderate to severe major depression, as defined by a score of 16+ on the 21-item Mertens et al. 3 Hamilton Depression Rating Scale...”</p> <p>From p. 2 “The present study focused on changes in brain FC after psilocybin in 19 patients with TRD who underwent two psilocybin-assisted therapy sessions a week apart, first 10 mg p.o. (test dose), then 25 mg, p.o. (therapeutic dose).”</p> <p>7. USONA INSTITUTE (2019) “A Randomized, Double-Blind, Support-of-Concept Phase 2 Study of Single-Dose Psilocybin for Major Depressive Disorder (MDD)”. Study record version first posted 5 March 2019. https://clinicaltrials.gov/study/NCT03866174</p> <p>From Study Overview “The purpose of this study is to evaluate the potential efficacy of a single 25 mg oral dose of psilocybin for MDD compared to the active placebo in otherwise medically-healthy participants, assessed as the difference between groups in changes in depressive symptoms from Baseline to Day 43 post-dose.”</p> <p>From Design Details, Intervention/Treatment “The ... Protocol prescribes 6-8 hours of preparatory meetings with two facilitators prior to dosing, a 7-10 hour dosing session in a comfortable room under the supervision of the same two facilitators, and 4 hours of post-dose integration sessions with facilitators.”</p>
<p>48. The method of claim 46, wherein the anxiety disorder is generalized anxiety disorder.</p>	<p>5. LEA (2020) “Perceived outcomes of psychedelic microdosing as self-managed therapies for mental and substance use disorders” Psychopharmacology. 237:1521-1532.</p> <p>From p. 1522 “Microdosing refers to the ingestion of low to very low doses of psychedelic drugs (typically between 5 and 10% of a standard dose) on a routine schedule (e.g., every third day) without the intention of experiencing effects typically experienced at higher psychedelic doses (e.g., visual distortions, mystical experiences) (Fadiman 2011; Kuypers et al. 2019; Liechti 2019).”</p> <p>From p. 1524 “Over half of respondents (56.7%) had ever been diagnosed with a mental disorder (excluding substance use disorders), including depression (41.2%), anxiety disorders (32.0%; generalised anxiety disorder, 25.4%; social anxiety disorder, 14.5%; panic disorder/panic attacks, 12.5%), ADHD (19.5%), PTSD (15.6%), bipolar disorder (7.4%), personality disorder (5.1%), eating disorder (4.8%), obsessive compulsive disorder (4.7%) and schizophrenia (1.0%).”</p> <p>From p. 1524 “Thirty-nine percent of respondents reported that they primarily microdosed as mental health or substance use therapies, including for depression (21.3%), anxiety (6.9%), other mental health conditions including PTSD and ADHD (8.9%).”</p>

49. The method of claim 40, wherein the improvement of the symptoms of the cognitive or neuropsychiatric disorder ameliorates low motivation and cognitive engagement.

1. FADIMAN & KORB (2019) “Might Microdosing Psychedelics Be Safe and Beneficial? An Initial Exploration” Journal of Psychoactive Drugs. 51(2):118-122.

From p. 121 “Many participants reported that they wanted to microdose for their diagnosed ADHD, or for their self-diagnosed attention issues...”

From application of interest 18/102,268 paragraph [0272] “Provided in some instances herein is a method for increasing motivation in an individual (e.g., in an individual suffering from or susceptible to low motivation (e.g., as a symptom of a neurocognitive or neurodevelopmental disorder...”

7. HUTTEN (2019) “Motives and Side-Effects of Microdosing With Psychedelics Among Users” International Journal of Neuropsychopharmacology. 22(7):426-434.

From p. 427 “Another commonly reported motivation and subsequent outcome is the alleviation of psychological symptoms including depressive mood and anxiety and/or physiological symptoms such as pain (Smith, 2017; Wong, 2017; Johnstad, 2018; Waldman, 2018)...”

From p. 427 “Respondents were asked to indicate the main reason they microdosed ... answers were clustered afterwards into 5 main categories: performance enhancement (increase energy, to study, increase concentration, enhance creativity), symptom alleviation (psychiatric symptom alleviation ...”

From p. 433 “With regard to microdosing motives, the majority of the respondents (37%) indicated they microdosed for performance enhancement, such as to increase energy, creativity, and concentration.”

From p. 432. Figure 1

432 | International Journal of Neuropsychopharmacology, 2019

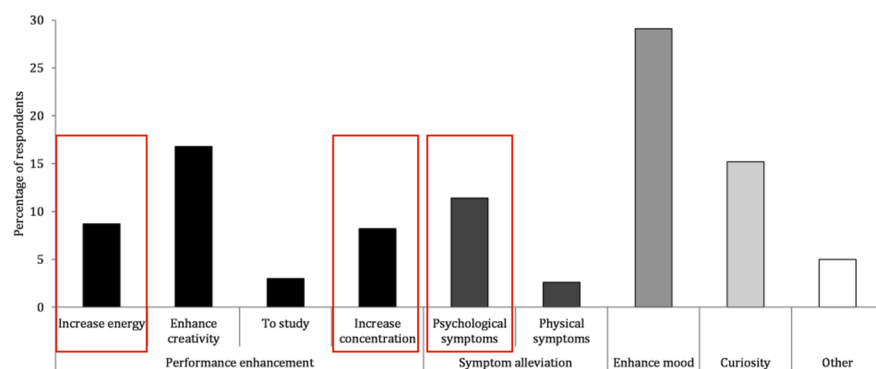


Figure 1. Percentage of respondents who indicated their main motivation to microdose, presented per category (performance enhancement: black bars; symptom alleviation: dark grey bars; mood enhancement: grey bar; curiosity: light grey bar, and other: white bar).

50. The method of claim 40, wherein the method comprises

2. HUTTEN (2019) “Self-Rated Effectiveness of Microdosing With Psychedelics for Mental and Physical Health Problems Among Microdosers” Frontiers in Psychiatry. 10:1-9.

administering a therapeutically effective amount of psilocybin or psilocin, or a pharmaceutically acceptable salt thereof, at a first time.

From **p. 2** “There is a growing interest in the **use of psychedelic substances** for health related purposes, including **symptom relief for disorders like anxiety, depression, and pain...anecdotal evidence suggests that low (micro) doses are also effective**, and may be more suitable for certain conditions.”

From **p. 5** “The most reported **psychedelics used to self-medicate for mental disorders** in descending order are: **psilocybin** (N = 297; 57.1%), ... in regular doses.”

51. The method of claim 50, wherein the method comprises administering to the individual a therapeutically effective amount of psilocybin or psilocin, or a pharmaceutically acceptable salt thereof, at a second time.

9. CARHART-HARRIS (2016) “Psilocybin with psychological support for treatment-resistant depression: an open-label feasibility study” *Lancet Psychiatry*. 3:619-27.

From **p. 619** “In this open-label feasibility trial, **12 patients** (six men, six women) **with moderate-to-severe, unipolar, treatment-resistant major depression received two oral doses of psilocybin (10 mg and 25 mg, 7 days apart)** in a supportive setting. There was no control group...**Depressive symptoms were assessed** with standard assessments **from 1 week to 3 months after treatment**, with the 16-item Quick Inventory of Depressive Symptoms (QIDS) serving as the primary efficacy outcome. This trial is registered with ISRCTN, number ISRCTN14426797.”

2. HUTTEN (2019) “Self-Rated Effectiveness of Microdosing With Psychedelics for Mental and Physical Health Problems Among Microdosers” *Frontiers in Psychiatry*. 10:1-9.

From **p. 7** “Additionally, compared to traditionally offered medications which are taken daily or even several times a day, **microdosers do not usually consume the substance daily (2, 10)**, thus reducing potential costs and side effects, and even potentially reducing the number of reminders to the patient of being ill.”

8. HUTTEN (2019) “Motives and Side-Effects of Microdosing With Psychedelics Among Users” *International Journal of Neuropsychopharmacology*. 22(7):426-434.

Table 4. Number (percentage) of respondents who indicated to (have) used(d) the listed psychedelic substance to microdose via the listed route of administration* and the corresponding frequency of use (Mean (SD), range)

Substance	Route of administration, n (%)									Frequency of microdosing per week		
	Number of respondents who answered, n (%)	Oral	Sublingual	Inspiration	Intranasal	Ocular	Cutaneous	Rectal	Other	Number of respondents who answered N (%)	Frequency of dosing per week M (SD)	Range of dosing per week (min-max)
1P-LSD	120 (77.5)	71 (55.0)	28 (21.7)	-	-	-	-	1 (0.8)	-	76 (58.9)	2.13 (2.23)	0.001-14
2Cs	13 (59.1)	11 (50.0)	-	-	1 (4.5)	-	-	1 (4.5)	-	10 (45.5)	2.89 (4.11)	0.2-14
5-MeO-DMT	2 (30.0)	1 (20.0)	-	-	-	-	-	1 (20.0)	-	2 (40.0)	7.5 (9.19)	1-14
ALD-52/ 1A-LSD	28 (68.3)	18 (43.9)	9 (22.0)	-	-	-	-	1 (2.4)	-	22 (53.7)	2.23 (2.82)	0.005-14
Ayahuasca	7 (46.7)	5 (33.3)	-	1 (6.7)	-	-	-	1 (6.7)	-	6 (40.0)	4.37 (5.16)	0.25-14
DMT	35 (54.7)	2 (3.1)	-	32 (50.0)	-	-	-	1 (1.6)	-	75 (99.1)	2.26 (3.17)	0.002-14
LSD	491 (73.7)	387 (58.1)	99 (14.9)	-	1 (0.2)	1 (0.2)	-	1 (0.2)	2 (0.3)	384 (57.7)	2.02 (1.89)	0.0001-15
MDMA/ ecstasy	34 (47.9)	24 (33.8)	2 (2.8)	-	7 (9.9)	-	-	1 (1.4)	-	19 (26.8)	2.08 (3.46)	0.005-14
Mescaline	12 (46.2)	11 (42.3)	-	-	-	-	-	1 (3.8)	-	6 (23.1)	3.46 (5.26)	0.25-14
NBOMes	3 (33.3)	-	2 (22.2)	-	-	-	-	1 (11.1)	-	3 (33.3)	5.67 (7.23)	1-14
Other	26 (43.3)	16 (26.7)	-	6 (10.0)	2 (3.3)	-	1 (1.7)	1 (1.7)	-	21 (35.0)	6.78 (6.98)	0.5-30
Psilocybin	416 (64.5)	415 (64.3)	-	-	-	-	-	1 (0.2)	-	325 (78.3)	3.74 (3.35)	0.001-30
Salvinormin A	15 (45.4)	3 (9.7)	2 (6.5)	8 (25.8)	-	-	-	1 (3.2)	1 (3.2)	8 (25.8)	2.63 (4.65)	0.01-14

Abbreviations: 1P-LSD, 1-propionyl-lysergic acid diethylamide; 2C, 2-ethylamine; 5-MeO-DMT, 5-methoxy-N,N-dimethyltryptamine; ALD-52/1A-LSD, 1-Acetyl-N,N-dimethyllysergamide; DMT, N,N-dimethyltryptamine; LSD, lysergic acid diethylamide; MDMA, 3,4-methylenedioxyamphetamin; NBOMe, N-benzyl Methoxy.
 *Route of administration: "injection" is not shown, as no respondent reported injection as route of administration.

<p>52. The method of claim 51, wherein the second time is more than or equal to 24 hours after the first time.</p>	<p>5. LEA (2020) “Perceived outcomes of psychedelic microdosing as self-managed therapies for mental and substance use disorders” <i>Psychopharmacology</i>. 237:1521-1532.</p> <p>From p. 1522 “Microdosing refers to the ingestion of low to very low doses of psychedelic drugs (typically between 5 and 10% of a standard dose) on a routine schedule (e.g., every third day) without the intention of experiencing effects typically experienced at higher psychedelic doses (e.g., visual distortions, mystical experiences) (Fadiman 2011; Kuypers et al. 2019; Liechti 2019).”</p> <p>From p. 1532 “Fourteen percent of respondents microdosed every day...”</p> <p>From p. 1524 “Over half of respondents (56.7%) had ever been diagnosed with a mental disorder (excluding substance use disorders), including depression (41.2%), anxiety disorders (32.0%; generalised anxiety disorder, 25.4%; social anxiety disorder, 14.5%; panic disorder/panic attacks, 12.5%), ADHD (19.5%), PTSD (15.6%), bipolar disorder (7.4%), personality disorder (5.1%), eating disorder (4.8%), obsessive compulsive disorder (4.7%) and schizophrenia (1.0%).”</p> <p>From p. 1524 “Thirty-nine percent of respondents reported that they primarily microdosed as mental health or substance use therapies, including for depression (21.3%), anxiety (6.9%), other mental health conditions including PTSD and ADHD (8.9%).”</p> <p>2. HUTTEN (2019) “Self-Rated Effectiveness of Microdosing With Psychedelics for Mental and Physical Health Problems Among Microdosers” <i>Frontiers in Psychiatry</i>. 10:1-9.</p> <p>From p. 7 “Additionally, compared to traditionally offered medications which are taken daily or even several times a day, microdosers do not usually consume the substance daily (2, 10), thus reducing potential costs and side effects, and even potentially reducing the number of reminders to the patient of being ill.”</p> <p>9. CARHART-HARRIS (2016) “Psilocybin with psychological support for treatment-resistant depression: an open-label feasibility study” <i>Lancet Psychiatry</i>. 3:619-27.</p> <p>From p. 619 “In this open-label feasibility trial, 12 patients (six men, six women) with moderate-to-severe, unipolar, treatment-resistant major depression received two oral doses of psilocybin (10 mg and 25 mg, 7 days apart) in a supportive setting. There was no control group...Depressive symptoms were assessed with standard assessments from 1 week to 3 months after treatment, with the 16-item Quick Inventory of Depressive Symptoms (QIDS) serving as the primary efficacy outcome. This trial is registered with ISRCTN, number ISRCTN14426797.”</p>
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<p>53. The method of claim 51, wherein the second time is more than or equal to 48 hours after the first time.</p>	<p>1. FADIMAN & KORB (2019) "Might Microdosing Psychedelics Be Safe and Beneficial? An Initial Exploration" Journal of Psychoactive Drugs. 51(2):118-122.</p> <p>From p. 120 "...many participants informed us that they found microdosing to be an effective antidepressant, or replacement for their antidepressants."</p> <p>From p. 120 "We offered a protocol to people who wanted to do their own microdose self-study. The protocol was: microdose on day 1, no dose on days 2 and 3. Repeat this cycle for a month."</p>
<p>54. The method of claim 40, wherein the plasma concentration of the active form of psilocybin or psilocin is maintained (i) at or above a minimum therapeutically effective threshold in the individual and (ii) below a hallucinogenic threshold in the individual for more than or equal to 12 hours.</p>	<p>10. Intl. Pat. App. No. WO2020181194 (2020) "COMPOSITIONS AND METHODS OF USE COMPRISING SUBSTANCES WITH NEURAL PLASTICITY ACTIONS ADMINISTERED AT NON-PSYCHEDELIC/PSYCHOTOMIMETIC DOSAGES AND FORMULATIONS" (filed 6 March 2020)</p> <p>From Claim 16 "A method for preventing or treating diseases and conditions or improving functions in patients or subjects, the method comprising: administration of a 5-HT2A agonist substance at doses, dosages, posology, or formulations devoid of clinically meaningful psychedelic or psychotomimetic actions or effects, and having clinical effects comparable to those exerted by human plasma psilocin Cmax of 4 ng/ml or less, or human 5-HT2A CNS receptor occupancy of 50% or less, or PD effects comparable to those exerted by human plasma psilocin Tmax in excess of 60 minutes."</p> <p>From Claim 40 "The method in claim 16 where the substance is a modified release formulation of psilocybin, psilocin, norpsilocin, baeocystin, nor-baeocystin or a mixture thereof."</p> <p>From Paragraph [00180] "'Modified release, long acting and or slow release formulation of a neuroplastogen drug will allow for administration of a relatively higher amount of drug while still avoiding the psychedelic and or psychotomimetic side effects caused by a peak in blood levels of the drug (the psychedelic effects caused by a high Cmax and short Tmax). The present inventors therefore also disclose modified release long-acting and or slow-release formulations of neuroplastogens, including long-acting oral or transdermal formulations and or slow-release formulations of psilocybin and or baeocystin at doses up to 30 mg per 24 hours (or a dose of other 5-HT2A agonists and NMDAR antagonists with equivalent psychedelic / psychotomimetic potency, and thus also devoid of these effects). The modified release long acting / slow release formulation is designed to maintain plasma levels of psilocin below the 4-6 ng/ml window that causes psychedelic /psychotomimetic effects for psilocin (or a psychedelic-potency-equivalent plasma level of other 5-HT2A agonists and or NMDAR antagonists) so they will not determine plasma levels sufficient for psychedelic effects."</p>

<p>55. The method of claim 40, wherein the plasma concentration of the active form of psilocybin or psilocin is maintained (i) at or above a minimum therapeutically effective threshold in the individual and (ii) below a hallucinogenic threshold in the individual for more than or equal to 24 hours.</p>	<p>10. Intl. Pat. App. No. WO2020181194 (2020) "COMPOSITIONS AND METHODS OF USE COMPRISING SUBSTANCES WITH NEURAL PLASTICITY ACTIONS ADMINISTERED AT NON-PSYCHEDELIC/PSYCHOTOMIMETIC DOSAGES AND FORMULATIONS" (filed 6 March 2020)</p> <p>From Claim 16 "A method for preventing or treating diseases and conditions or improving functions in patients or subjects, the method comprising: administration of a 5-HT2A agonist substance at doses, dosages, posology, or formulations devoid of clinically meaningful psychedelic or psychotomimetic actions or effects, and having clinical effects comparable to those exerted by human plasma psilocin Cmax of 4 ng/ml or less, or human 5-HT2A CNS receptor occupancy of 50% or less, or PD effects comparable to those exerted by human plasma psilocin Tmax in excess of 60 minutes."</p> <p>From Claim 40 "The method in claim 16 where the substance is a modified release formulation of psilocybin, psilocin, norpsilocin, baeocystin, nor-baeocystin or a mixture thereof."</p> <p>From Paragraph [00180] " "Modified release, long acting and or slow release formulation of a neuroplastogen drug will allow for administration of a relatively higher amount of drug while still avoiding the psychedelic and or psychotomimetic side effects caused by a peak in blood levels of the drug (the psychedelic effects caused by a high Cmax and short Tmax). The present inventors therefore also disclose modified release long-acting and or slow-release formulations of neuroplastogens, including long-acting oral or transdermal formulations and or slow-release formulations of psilocybin and or baeocystin at doses up to 30 mg per 24 hours (or a dose of other 5-HT2A agonists and NMDAR antagonists with equivalent psychedelic / psychotomimetic potency, and thus also devoid of these effects). The modified release long acting / slow release formulation is designed to maintain plasma levels of psilocin below the 4-6 ng/ml window that causes psychedelic /psychotomimetic effects for psilocin (or a psychedelic-potency-equivalent plasma level of other 5-HT2A agonists and or NMDAR antagonists) so they will not determine plasma levels sufficient for psychedelic effects."</p>
<p>56. The method of claim 40, wherein the therapeutically effective amount of the psilocybin or psilocin, or a pharmaceutically acceptable salt thereof, is administered to the individual in need thereof as a controlled release formulation.</p>	<p>10. Intl. Pat. App. No. WO2020181194 (2020) "COMPOSITIONS AND METHODS OF USE COMPRISING SUBSTANCES WITH NEURAL PLASTICITY ACTIONS ADMINISTERED AT NON-PSYCHEDELIC/PSYCHOTOMIMETIC DOSAGES AND FORMULATIONS" (filed 6 March 2020)</p> <p>From Claim 16 "A method for preventing or treating diseases and conditions or improving functions in patients or subjects, the method comprising: administration of a 5-HT2A agonist substance at doses, dosages, posology, or formulations devoid of clinically meaningful psychedelic or psychotomimetic actions or effects, and having clinical effects comparable to those exerted by human plasma psilocin Cmax of 4 ng/ml or less, or</p>

human 5-HT_{2A} CNS receptor occupancy of 50% or less, or PD effects comparable to those exerted by human plasma psilocin T_{max} in excess of 60 minutes."

From **Claim 40** "The method in claim 16 where the substance is a **modified release formulation of psilocybin, psilocin, norpsilocin, baeocystin, nor-baeocystin or a mixture thereof.**"

From **Paragraph [00180]** " "**Modified release, long acting and or slow release formulation of a neuroplastogen drug will allow for administration of a relatively higher amount of drug while still avoiding the psychedelic and or psychotomimetic side effects caused by a peak in blood levels of the drug (the psychedelic effects caused by a high C_{max} and short T_{max}). The present inventors therefore also disclose modified release long-acting and or slow-release formulations of neuroplastogens, including long-acting oral or transdermal formulations and or slow-release formulations of psilocybin and or baeocystin at doses up to 30 mg per 24 hours (or a dose of other 5-HT_{2A} agonists and NMDAR antagonists with equivalent psychedelic / psychotomimetic potency, and thus also devoid of these effects). The modified release long acting / slow release formulation is designed to maintain plasma levels of psilocin below the 4-6 ng/ml window that causes psychedelic /psychotomimetic effects for psilocin (or a psychedelic-potency-equivalent plasma level of other 5-HT_{2A} agonists and or NMDAR antagonists) so they will not determine plasma levels sufficient for psychedelic effects.**"

11. US Pat. App. No. 16/947003 (2020) "ORAL SOFT GEL CAPSULE CONTAINING PSYCHEDELIC COMPOUND" (Filed 14 July 2020)

From **Summary, Column 1** "The present invention also provides for a method of **treating in a subject a psychological or neurological disorder.** The method includes orally administering to the subject **an oral soft gel capsule** described herein, in an amount and **for a period of time sufficient to effectively treat the psychological or neurological disorder...** The present invention also provides for **a method of administering to a subject a low dose or microdose of a psychedelic compound.** The method includes **orally administering an oral soft gel capsule** described herein, **wherein the oral soft gel capsule includes a low dose or microdose of the psychedelic compound.**"

From **Line 31, Column 4** "In some embodiments, **the softgel shells include a layer or coating.** The coating may include a film coating or an enteric resistant **coating that allows for controlled release, delayed release or sustained release of the contents of the capsule upon administration.** In certain embodiments, the softgel shells are coated with cellulose acetate phthalate (CAP)."

From **Claim 1** "A method of treating anxiety in a subject, **the method comprising orally administering to a subject in need or at risk thereof an oral soft gel capsule** comprising:

	<p>(i) a capsule shell formed from gelatin and at least one of vegetable starch, tapioca starch, carrageenan, potato starch, cassava starch, cornstarch, and arrowroot;</p> <p>(ii) a psychedelic compound comprising at least one of psilocybin, psilocin, and baeocystin; and</p> <p>(iii) liquid vehicle comprising at least one of glycerin, beeswax, tocopherols, polyoxyethylene-polyoxypropylene copolymers, and Caprylic/Capric Triglyceride;</p> <p>wherein, the psilocybin, psilocin baeocystin, or combination thereof is present in a combined amount of 0.01 to 5 mg..."</p> <p>From Claim 5 "The method of claim 1, wherein the psilocybin, psilocin, baeocystin, or combination thereof is present in a combined amount of 0.05 to 2.5 mg."</p> <p>From Claim 6 "The method of claim 1, wherein the psilocybin, baeocystin, or combination thereof is present in a combined amount of 0.05 to 1 mg."</p> <p>From Claim 7 "The method of claim 1, wherein the psilocybin, baeocystin, or combination thereof is present in a combined amount of 0.1 to 1 mg."</p>
<p>57. The method of claim 56, wherein the controlled release formulation comprises an extended release component that releases the active form of the psilocybin or psilocin at an amount below the hallucinogenic effective threshold and an amount of at least the therapeutically effective threshold in the individual.</p>	<p>10. Intl. Pat. App. No. WO2020181194 (2020) "COMPOSITIONS AND METHODS OF USE COMPRISING SUBSTANCES WITH NEURAL PLASTICITY ACTIONS ADMINISTERED AT NON-PSYCHEDELIC/PSYCHOTOMIMETIC DOSAGES AND FORMULATIONS" (filed 6 March 2020)</p> <p>From Claim 16 "A method for preventing or treating diseases and conditions or improving functions in patients or subjects, the method comprising: administration of a 5-HT2A agonist substance at doses, dosages, posology, or formulations devoid of clinically meaningful psychedelic or psychotomimetic actions or effects, and having clinical effects comparable to those exerted by human plasma psilocin Cmax of 4 ng/ml or less, or human 5-HT2A CNS receptor occupancy of 50% or less, or PD effects comparable to those exerted by human plasma psilocin Tmax in excess of 60 minutes."</p> <p>From Claim 40 "The method in claim 16 where the substance is a modified release formulation of psilocybin, psilocin, norpsilocin, baeocystin, nor-baeocystin or a mixture thereof."</p> <p>From Paragraph [00180] "'Modified release, long acting and or slow release formulation of a neuroplastogen drug will allow for administration of a relatively higher amount of drug while still avoiding the psychedelic and or psychotomimetic side effects caused by a peak in blood levels of the drug (the psychedelic effects caused by a high Cmax and short Tmax). The present inventors therefore also disclose modified release long-acting and or slow-release formulations of neuroplastogens, including long-acting oral or transdermal formulations and or slow-release formulations of psilocybin and or baeocystin at doses up to 30 mg per 24 hours (or a dose of other 5-HT2A agonists and NMDAR antagonists with</p>

equivalent psychedelic / psychotomimetic potency, and thus also devoid of these effects). **The modified release long acting / slow release formulation is designed to maintain plasma levels of psilocin below the 4-6 ng/ml window that causes psychedelic /psychotomimetic effects for psilocin** (or a psychedelic-potency-equivalent plasma level of other 5-HT_{2A} agonists and or NMDAR antagonists) **so they will not determine plasma levels sufficient for psychedelic effects."**

11. US Pat. App. No. 16/947,003 (2020) "ORAL SOFT GEL CAPSULE CONTAINING PSYCHEDELIC COMPOUND" (Filed 14 July 2020)

From **Summary, Column 1** "The present invention also provides for a method of **treating in a subject a psychological or neurological disorder**. The method includes orally administering to the subject **an oral soft gel capsule** described herein, in an amount and **for a period of time sufficient to effectively treat the psychological or neurological disorder...** The present invention also provides for **a method of administering to a subject a low dose or microdose of a psychedelic compound**. The method includes **orally administering an oral soft gel capsule** described herein, **wherein the oral soft gel capsule includes a low dose or microdose of the psychedelic compound."**

From **Line 31, Column 4** "In some embodiments, **the softgel shells include a layer or coating**. The coating may include a film coating or an enteric resistant **coating that allows for controlled release, delayed release or sustained release of the contents of the capsule upon administration**. In certain embodiments, the softgel shells are coated with cellulose acetate phthalate (CAP)."

From **Claim 1** "A method of treating anxiety in a subject, **the method comprising orally administering to a subject in need or at risk thereof an oral soft gel capsule** comprising:
(i) a capsule shell formed from gelatin and at least one of vegetable starch, tapioca starch, carrageenan, potato starch, cassava starch, cornstarch, and arrowroot;
(ii) **a psychedelic compound comprising at least one of psilocybin, psilocin, and baeocystin; and**
(iii) liquid vehicle comprising at least one of glycerin, beeswax, tocopherols, polyoxyethylene-polyoxypropylene copolymers, and Caprylic/Capric Triglyceride;
wherein, the psilocybin, psilocin baeocystin, or combination thereof is present in a combined amount of 0.01 to 5 mg..."

From **Claim 3** "The method of claim 1, wherein **1-5 oral soft gel capsules are orally administered a day."**

From **Claim 5** "The method of claim 1, wherein the **psilocybin, psilocin, baeocystin, or combination thereof is present in a combined amount of 0.05 to 2.5 mg."**

	<p>From Claim 6 “The method of claim 1, wherein the psilocybin, baeocystin, or combination thereof is present in a combined amount of 0.05 to 1 mg.”</p> <p>From Claim 7 “The method of claim 1, wherein the psilocybin, baeocystin, or combination thereof is present in a combined amount of 0.1 to 1 mg.”</p>
<p>58. The method of claim 57, wherein the controlled release formulation comprises an immediate release component that releases the active form of the psilocybin or psilocin at an amount below the hallucinogenic effective threshold and an amount of at least the therapeutically effective threshold in the individual.</p>	<p>11. US Pat. App. No. 16/947,003 (2020) “ORAL SOFT GEL CAPSULE CONTAINING PSYCHEDELIC COMPOUND” (Filed 14 July 2020)</p> <p>From Summary, Column 1 “The present invention also provides for a method of treating in a subject a psychological or neurological disorder. The method includes orally administering to the subject an oral soft gel capsule described herein, in an amount and for a period of time sufficient to effectively treat the psychological or neurological disorder... The present invention also provides for a method of administering to a subject a low dose or microdose of a psychedelic compound. The method includes orally administering an oral soft gel capsule described herein, wherein the oral soft gel capsule includes a low dose or microdose of the psychedelic compound.”</p> <p>From Line 31, Column 4 “In some embodiments, the softgel shells include a layer or coating. The coating may include a film coating or an enteric resistant coating that allows for controlled release, delayed release or sustained release of the contents of the capsule upon administration. In certain embodiments, the softgel shells are coated with cellulose acetate phthalate (CAP).”</p> <p>From Line 62, Column 6 “In specific embodiments, the oral soft gel capsule contains a liquid vehicle which has softgel(s), granules, tablet(s), and/or pellet(s) suspended therein. In this dosage form, tablets, granules, pellets and/or capsules can be placed inside a large, soft gelatin capsule. The dosage form allows for different configurations for fixed-dose combinations, such as a softgel within a softgel, one or two tablets within a softgel, granules within a softgel, or any combination of these to address challenges of multi-active formulations. This delivery system allows for single or multiple active ingredients with different release profiles, multiple active ingredients where at least one is a liquid or semi-solid, offering unique options for nutraceutical products.</p> <p>From Claim 1 “A method of treating anxiety in a subject, the method comprising orally administering to a subject in need or at risk thereof an oral soft gel capsule comprising: (i) a capsule shell formed from gelatin and at least one of vegetable starch, tapioca starch, carrageenan, potato starch, cassava starch, cornstarch, and arrowroot; (ii) a psychedelic compound comprising at least one of psilocybin, psilocin, and baeocystin; and (iii) liquid vehicle comprising at least one of glycerin, beeswax, tocopherols, polyoxyethylene-polyoxypropylene copolymers, and Caprylic/Capric Triglyceride; wherein, the psilocybin, psilocin baeocystin, or combination thereof is present in a combined amount of 0.01 to 5 mg...”</p>

59. The method of claim 40, wherein the therapeutically effective amount of psilocybin or psilocin, or a pharmaceutically acceptable salt thereof is administered orally.

From application of interest 18/102,268 paragraph [0043] “In some embodiments, the level (e.g., C max) of the active 5-HT receptor agonist (e.g., psilocin) in the individual is (maintained) at a level of at least about 0.001 ng/mL or more (e.g., 0.01 ng/mL or more, 0.1 ng/mL or more, 1 ng/mL or more, 10 ng/mL or more, 20 ng/mL or more, or 50 ng/mL or more). In some embodiments, the level (e.g., C max) of the active 5-HT receptor agonist (e.g., psilocin) in the individual is (maintained) at a level of at least about 100 ng/mL or less (e.g., 50 ng/mL or less, 25 ng/mL or less, 15 ng/mL or less, 5 ng/mL or less, or 0.5 ng/mL or less). In some embodiments, the level (e.g., C max) of the active 5-HT receptor agonist (e.g., psilocin) in the individual is (maintained) at a level of about 0.001 ng/mL to about 100 ng/mL.”

Paragraph [0045] “In some embodiments, the level (e.g., Cmax) of the active 5-HT receptor agonist (e.g., psilocin) is measured after a dose of at least 1 mg or more (e.g., 5 mg or more, 10 mg or more, 15 mg or more, or 20 mg or more) of the 5-HT receptor agonist (e.g., psilocybin) is administered to the individual.”

11. US Pat. App. No. 16/947,003 (2020) “ORAL SOFT GEL CAPSULE CONTAINING PSYCHEDELIC COMPOUND” (Filed 14 July 2020)

From **Summary, Column 1** “The present invention also provides for a method of **treating in a subject a psychological or neurological disorder**. The method includes orally administering to the subject **an oral soft gel capsule** described herein, in an amount and **for a period of time sufficient to effectively treat the psychological or neurological disorder...** The present invention also provides for **a method of administering to a subject a low dose or microdose of a psychedelic compound**. The method includes **orally administering an oral soft gel capsule** described herein, **wherein the oral soft gel capsule includes a low dose or microdose of the psychedelic compound.**”

From **Claim 1** “A method of treating anxiety in a subject, **the method comprising orally administering to a subject in need or at risk thereof an oral soft gel capsule** comprising:
(i) a capsule shell formed from gelatin and at least one of vegetable starch, tapioca starch, carrageenan, potato starch, cassava starch, cornstarch, and arrowroot;
(ii) **a psychedelic compound comprising at least one of psilocybin, psilocin, and baeocystin**; and
(iii) liquid vehicle comprising at least one of glycerin, beeswax, tocopherols, polyoxyethylene-polyoxypropylene copolymers, and Caprylic/Capric Triglyceride;
wherein, the psilocybin, psilocin baeocystin, or combination thereof is present in a combined amount of 0.01 to 5 mg...”

From **Claim 2** “The method of claim 1, wherein **the anxiety is associated with at least one of obsessive compulsive disorder (OCD), pain, irritability, fibromyalgia, post-traumatic stress disorder (PTSD), cluster**

headaches, paranoia, psychosis, anxiety, panic attacks, flashbacks, smoking addiction, alcohol addiction, and cocaine addiction.”

From **Claim 3** “The method of claim 1, wherein **1-5 oral soft gel capsules are orally administered a day.**”

From **Claim 5** “The method of claim 1, wherein the **psilocybin, psilocin, baeocystin, or combination thereof is present in a combined amount of 0.05 to 2.5 mg.**”

From **Claim 6** “The method of claim 1, wherein the **psilocybin, baeocystin, or combination thereof is present in a combined amount of 0.05 to 1 mg.**”

From **Claim 7** “The method of claim 1, wherein the **psilocybin, baeocystin, or combination thereof is present in a combined amount of 0.1 to 1 mg.**”

8. HUTTEN (2019) “Motives and Side-Effects of Microdosing With Psychedelics Among Users” International Journal of Neuropsychopharmacology. 22(7):426-434.

From **p. 427** “Another commonly reported motivation and subsequent outcome is the **alleviation of psychological symptoms** including **depressive mood and anxiety** and/or physiological symptoms such as pain (Smith, 2017; Wong, 2017; Johnstad, 2018; Waldman, 2018).”

From **p 429, Table 2**

430 | International Journal of Neuropsychopharmacology, 2019

Table 3. Number (percentage) of respondents who indicated use of one of the listed substances as a microdose, with the self-reported dose in mode and the percentage of respondents who did not know the dose or failed to complete this item

Substance	Psychedelic users per substance n (%)	Microdose details		Users who do not know the dose or did not fill out this question	
		Amount, mg	Dose range, mg (min-max)	Do not know, n (%)	Missing, n (%)
1P-LSD	129 (11.6)	0.01	0.0005-75	9 (7.0)	9 (7.0)
2Cs	22 (2.0)	3-4	0.75-25	3 (13.6)	3 (13.6)
5-MeO-DMT	5 (0.4)	0.005	0.005-7	-	2 (40.0)
ALD-52/1A-LSD	41 (3.7)	0.01	0.0005-75	3 (7.3)	6 (14.6)
Ayahuasca	15 (1.3)	14	14-500	10 (66.7)	2 (13.3)
DMT	64 (5.7)	10	00.5-25	19 (29.7)	15 (23.4)
LSD	666 (59.7)	0.01	0.00001-500	113 (17.0)	60 (9.0)
MDMA/ecstasy	71 (6.4)	50	0.02-100	18 (25.4)	21 (29.6)
Mescaline	26 (2.3)	50	0.3-1000	14 (53.8)	4 (15.4)
NBOMes	9 (0.8)	0.5-50	0.5-50	3 (33.3)	4 (44.4)
Other	60 (5.4)	5	0.01-1000	15 (25.0)	24 (40.0)
Psilocybin	645 (57.8)	500	0.025-8000	146 (22.6)	93 (14.4)
Salvinorin A	31 (2.8)	0.2	0.2-200	16 (51.6)	10 (32.3)

From **p 431, Table 4**

Table 4. Number (percentage) of respondents who indicated to (have) used(d) the listed psychedelic substance to microdose via the listed route of administration* and the corresponding frequency of use (Mean (SD), range)

Substance	Route of administration, n (%)								Frequency of microdosing per week			
	Number of respondents who answered, n (%)	Oral	Sublingual	Inspiration	Intranasal	Ocular	Cutaneous	Rectal	Other	Number of respondents who answered N (%)	Frequency of dosing per week M (SD)	Range of dosing per week (min-max)
1P-LSD	120 (77.5)	71 (55.0)	28 (21.7)	-	-	-	-	1 (0.8)	-	76 (58.9)	2.13 (2.23)	0.001-14
2Cs	13 (59.1)	11 (50.0)	-	-	1 (4.5)	-	-	1 (4.5)	-	10 (45.5)	2.89 (4.11)	0.2-14
5-MeO DMT	2 (30.0)	1 (20.0)	-	-	-	-	-	1 (20.0)	-	2 (60.0)	7.5 (9.19)	1-14
ALD-52/ 1A-LSD	28 (68.3)	18 (43.9)	9 (22.0)	-	-	-	-	1 (2.4)	-	22 (53.7)	2.23 (2.82)	0.005-14
Ayahwasca	7 (46.7)	5 (33.3)	-	1 (6.7)	-	-	-	1 (6.7)	-	6 (40.0)	4.37 (5.16)	0.25-14
DMT	35 (54.7)	2 (3.1)	-	32 (50.0)	-	-	-	1 (1.6)	-	25 (39.1)	2.26 (3.17)	0.002-14
LSD	491 (73.7)	387 (58.1)	99 (14.9)	-	1 (0.2)	1 (0.2)	-	1 (0.2)	2 (0.3)	384 (57.7)	2.02 (1.89)	0.0001-15
MDMA/ ecstasy	34 (47.9)	24 (33.8)	2 (2.8)	-	7 (9.9)	-	-	1 (1.4)	-	19 (26.5)	2.08 (3.46)	0.005-14
Mescaline	12 (46.2)	11 (42.3)	-	-	-	-	-	1 (3.8)	-	6 (23.1)	3.46 (5.26)	0.25-14
NBOMes	3 (33.3)	-	2 (22.2)	-	-	-	-	1 (11.1)	-	3 (33.3)	5.67 (7.23)	1-14
Other	26 (43.3)	16 (26.7)	-	6 (10.0)	2 (3.3)	-	1 (1.7)	-	21 (35.0)	6.78 (6.98)	0.5-30	
Psilocybin	416 (64.5)	415 (64.3)	-	-	-	-	-	1 (0.2)	-	325 (78.3)	3.74 (3.35)	0.001-30
Salvinorin A	15 (43.4)	3 (9.7)	2 (6.5)	8 (25.8)	-	-	-	1 (3.2)	1 (3.2)	8 (25.8)	2.63 (4.65)	0.01-14

Abbreviations: 1P-LSD, 1-propionyl-lysergic acid diethylamide; 2C, 2-ethylamine; 5-MeO DMT, 5-methoxy-N,N-dimethyltryptamine; ALD-52/1A-LSD, 1-Acetyl-N,N-dimethyltryptamine; DMT, lysergic acid diethylamide; MDMA, 3,4-methylenedioxyamphetamine; NBOMe, N-benzyl Methoxy.
 *Route of administration: "injection" is not shown, as no respondent reported injection as route of administration.



ELECTRONIC ACKNOWLEDGEMENT RECEIPT

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FILED BY Juliet Meccia

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FILING DATE 01/27/2023

CUSTOMER # -

FIRST NAMED
INVENTOR

CORRESPONDENCE
ADDRESS -

AUTHORIZED BY -

Documents

TOTAL DOCUMENTS: 23

DOCUMENT	PAGES	DESCRIPTION	SIZE (KB)
Concise-description-generated.pdf	2	Concise Description of Relevance	40 KB
third-party-preissuance-submission.pdf	3	Third-Party Submission Under 37 CFR 1.290	79 KB
Third-party-notification-request.pdf	1	Request for Notification of Non-compliant Third-Party Submission	14 KB
Claims Chart.pdf	23	-	1792 KB
Claims Chart-3P.RELEVANCE.pdf	(1-23) 23	Concise Description of Relevance	1790 KB
Claims Chart-	(1-23) 23	Concise Description of	1790 KB

3P.RELEVANCE.pdf			Relevance	
Claims Chart- 3P.RELEVANCE.pdf	(1-23)	23	Concise Description of Relevance	1790 KB
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Digest

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New Applications Under 35 U.S.C. 111

If a new application is being filed and the application includes the necessary components for filing date (see 37 CFR 1.53(b)-(d) and MPEP 506), a Filing Receipt (37 CFR 1.54) will be issued in due course and the date shown on this Acknowledgement Receipt will establish the filing date of the application

National Stage of an International Application under 35 U.S.C. 371

If a timely submission to enter the national stage of an international application is compliant with the conditions of 35 U.S.C. 371 and other applicable requirements a Form PCT/DO/EO/903 indicating acceptance of the application as a national stage submission under 35 U.S.C. 371 will be issued in addition to the Filing Receipt, in due course.

New International Application Filed with the USPTO as a Receiving Office

If a new international application is being filed and the international application includes the necessary components for an international filing date (see PCT Article 11 and MPEP 1810), a Notification of the International Application Number and of the International Filing Date (Form PCT/RO/105) will be issued in due course, subject to prescriptions concerning national security, and the date shown on this Acknowledgement Receipt will establish the international filing date of the application.



ELECTRONIC PAYMENT RECEIPT

APPLICATION #
18/102,268

RECEIPT DATE / TIME
01/10/2024 05:05:46 PM Z ET

ATTORNEY DOCKET #

Title of Invention

Application Information

APPLICATION TYPE

PATENT #

CONFIRMATION #

FILED BY Juliet Meccia

PATENT CENTER # 63908696

AUTHORIZED BY -

CUSTOMER # -

FILING DATE 01/27/2023

CORRESPONDENCE ADDRESS -

FIRST NAMED INVENTOR

Payment Information

PAYMENT METHOD
CARD / 0837

PAYMENT TRANSACTION ID
E202410H07295201

PAYMENT AUTHORIZED BY
Juliet Meccia

FEE CODE	DESCRIPTION	ITEM PRICE(\$)	QUANTITY	ITEM TOTAL(\$)
2818	DOCUMENT FEE FOR THIRD-PARTY SUBMISSIONS (SEE 37 CFR 1.290(F))	72.00	1	72.00
			TOTAL AMOUNT:	\$72.00

This Acknowledgement Receipt evidences receipt on the noted date by the USPTO of the indicated documents, characterized by the applicant, and including page counts, where applicable. It serves as evidence of receipt similar to a Post Card, as described in MPEP 503.

New Applications Under 35 U.S.C. 111

If a new application is being filed and the application includes the necessary components for filing date (see 37 CFR 1.53(b)-(d) and MPEP 506), a Filing Receipt (37 CFR 1.54) will be issued in due course and the date shown on this Acknowledgement Receipt will establish the filing date of the application

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ELECTRONIC ACKNOWLEDGEMENT RECEIPT

APPLICATION #
18/102,268

RECEIPT DATE / TIME
01/10/2024 05:12:37 PM Z ET

ATTORNEY DOCKET #

Title of Invention

Application Information

APPLICATION TYPE

PATENT #

CONFIRMATION #

FILED BY Juliet Meccia

PATENT CENTER # 63909100

FILING DATE 01/27/2023

CUSTOMER # -

FIRST NAMED
INVENTOR

CORRESPONDENCE
ADDRESS -

AUTHORIZED BY -

Documents

TOTAL DOCUMENTS: 4

DOCUMENT	PAGES	DESCRIPTION	SIZE (KB)
third-party-preissuance-submission.pdf	2	Third-Party Submission Under 37 CFR 1.290	44 KB
Third-party-notification-request.pdf	1	Request for Notification of Non-compliant Third-Party Submission	14 KB
Concise-description-generated.pdf	1	Concise Description of Relevance	25 KB
Claims Chart.pdf	23	-	1792 KB
Claims Chart-3P.RELEVANCE.pdf	(1-23) 23	Concise Description of Relevance	1790 KB

Digest

DOCUMENT	MESSAGE DIGEST(SHA-512)
third-party-preissuance-submission.pdf	9EAEF1922384EF3784388578527903820D6337C16C9658F9A665DAF2ACC653E5B3045CCBC7D6DACB2658D849EB6FFB9ABFB6D0BB1C0CEBE4692AC0CBB08DD613
Third-party-notification-request.pdf	4EA90C4CEED6C0D672441CED4F37DDE50664825CDD68B84C6C0893DBA4CD53A199AD8B0B6D06ADBB42329AF55927338E7F2EC2CB0EB6529B143FB426F63558C
Concise-description-generated.pdf	F0EC8408D75E2263E5ED36EB492E310CABCA6A7818674E5C0955743D4B8CB7FCA04888F4703E112EC822FAB3C52A527EC9B0C7A33A7CE647A2B66E1A9504472D
Claims Chart.pdf	740766E8A99E0A5FC4AE6255595A14A91DDB4FBD366C6C194DFB086266010DFF89480BD80FC2F07AC3433F0501FDB22911E61242EEE6CD30F19AB2B98BBDB0D6
Claims Chart-3P.RELEVANCE.pdf	8F21D3BAC8E21DA1F395FC3D76E52A531F844356280CCD2BD6F5AEDB938297A2790F6161F5B052C753E7EABE68BC5835CEE459C9BAD96F2C404D305934BB8E1B

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**UNITED STATES
PATENT AND TRADEMARK OFFICE**

P.O. Box 1450
Alexandria, VA 22313 - 1450
www.uspto.gov

ELECTRONIC PAYMENT RECEIPT

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RECEIPT DATE / TIME
01/10/2024 05:12:37 PM Z ET

ATTORNEY DOCKET #

Title of Invention

Application Information

APPLICATION TYPE	PATENT #
CONFIRMATION #	FILED BY Juliet Meccia
PATENT CENTER # 63909100	AUTHORIZED BY -
CUSTOMER # -	FILING DATE 01/27/2023
CORRESPONDENCE ADDRESS -	FIRST NAMED INVENTOR

Payment Information

PAYMENT METHOD CARD / 0837	PAYMENT TRANSACTION ID E202410H13306204	PAYMENT AUTHORIZED BY Juliet Meccia
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FEE CODE	DESCRIPTION	ITEM PRICE(\$)	QUANTITY	ITEM TOTAL(\$)
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